

Nice warm lazy summer days are ideal to spend a lot of time outdoors with your dog however make sure that care is taken to avoid your pet from overheating because if that is allowed to happen the consequences may be fatal.

Ensure that there is always access to cool clean water, have a bottle and bowl with you if going on long walks or travelling away from home.

On very hot days ,go for a walk early in the morning or late in the evening when it is cooler and the tarmac is also not so hot on the dog's pads.

Do not leave your dog in a car even with the windows open as heat quickly builds up and heatstroke follows quickly.

Dogs love to lie in the sun on a warm day but make sure they have access to shade and keep an eye on them.

If it is too hot to go for walks swimming or paddling through cool water can be considered. Not all dogs like to swim so do not just drop your dog into a swimming pool.

Before you allow your dog to go into freshwater lakes, rivers, ponds and canals make sure they are clean as some types of blue-green algae are toxic to dogs and if your dog accidentally strays into one take him, to your vet.

Watch out for fast flowing currents before allowing your dog to swim in a river..

If you go on the beach take fresh water with you as drinking salt water will make your pet sick and remember to wash off any salty water and sand with fresh water to stop skin irritation.

Avoid risky situations as too many owners drown trying to save their pets,

Dogs do not sweat,they regulate their body temperature to keep cool by panting and releasing heat through their nose and pads .However in extremely warm conditions they can suffer fatal heat stroke within minutes so you should be on your guard and be prepared to act quickly.

If your dog suddenly begins to pant excessively ,begins to dribble or collapses you should immediately take him to a cool spot, where cool air is circulating, wet their coat with cold water and call your vet immediately for assistance.